Dear Parents,
It is important that the children have the correct kit to take part in forest School. It is important that they have their own kit and lots of extra layers on very cold days as we move into winter. Our Forest School motto is 'There is no such thing as bad weather, just bad clothing.' As we go out in all weather, including rain and snow, appropriate clothing is essential. Long trousers are worn in all seasons to prevent bites, stings and grazes and protection when using tools.

## Essential kit each week:





**Old clothes (including a spare set in case they get wet)- tracksuit bottoms or leggings and jumper such as a fleece**

**Waterproof all in one suit or waterproof trousers and a waterproof coat**



**Extra pair of socks**



**Wellies**





**A sturdy plastic bag or two to take home muddy clothes and wellies (reusable shopping bags are perfect)**

## In cold weather:

**Hat, gloves, snood**





**A warm base layer under clothing or an extra layer of clothing**- leggings and long sleeve top (or some children may already have football skins or thermal base layers)

**A thick winter coat to wear under a waterproof coat.**



**Long hair must be tied back.**

Thank you for your cooperation- The Outdoor Adventures Forest School Team.