

Beckwithshaw Primary School, Church Row, Beckwithshaw, Harrogate, HG3 1QW Tel: 01423 504642 Email: <u>beckadmin@rbk.n-yorks.sch.uk</u>

22nd November 2024

SWIMMING LESSONS – SPRING TERM 2025 – Y3-6

Dear Parents and Carers,

We are delighted to have been able to secure a weekly slot at Nidderdale Leisure and Wellness Centre for the Spring Term. This will take place on a Monday afternoon during school hours.

As you may be aware swimming provision is a statutory requirement of the PE National Curriculum that requires that by the end of Y6 children can:

1. swim competently, confidently and proficiently over a distance of at least 25 metres

2. use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]

3. perform safe self-rescue in different water-based situations.

The first swimming lesson this term will take place on the afternoon of Monday 13th January 2025 with the final session for the term being Monday 31st March 2025.

Children will be taken to and from the Wellness Centre by coach.

For this provision, there is a contribution of £30 per child per term. This payment has been added to ParentMail and is now available to pay under shop.

Please see below information from Nidderdale Leisure and Wellness Centre detailing what children need for their swimming lesson.

Please ensure that all kit is brought into school with children on a Thursday morning.

<u>Girls</u>: One piece costume (no bikinis or tankinis) towel and bag.

Boys: Trunks or swimming shorts (thigh length, not fashion shorts), towel and bag.

All children with long hair must wear a swimming hat or have hair tied back.

Jewellery is not permitted to be worn during swimming lessons.

Goggles maybe worn and remain the responsibility of individual children. Children may be asked to remove their goggles for some elements of the lesson programme.

Children may on occasions be asked to bring clean clothing or pyjamas to wear for water safety

lessons. This should be light weight clothing which can be removed easily and worn over the top.

Please complete the permissions below no later than Wednesday 18th December 2024.

Very Best Wishes

Mrs Fiona O'Connell Federation Administration Team

□ I give consent for my child to travel to and from Nidderdale Leisure and Wellness Centre by coach, and participate in lessons every Monday from WC 13/1/2025- WC 31/3/2025 for weekly swimming lessons, as detailed above.