

The Federations of Beckwithshaw, Kettlesing Felliscliffe and Ripley Endowed CE Primary Schools

10th March 2026

Dear Parents and Carers,

PSHE (Personal, Social, Health Education)

Across our Federation, through the teaching of the KAPOW scheme for PSHE, we intend for the children to understand and value their place in and contributions to the world, embodying our values of community, compassion and courage. Our PSHE curriculum has a strong emphasis on building resilience, emotional literacy and nurturing physical and mental health as well as understanding risk and safety so that the children at Beckwithshaw, Kettlesing and Ripley can make informed decisions throughout their lives.

The topics they cover each year with a clear progression in knowledge and skills are as follows:

- Families and Relationships
- Health and Wellbeing
- Citizenship
- Economic Wellbeing
- Safety and the Changing Body
- Transition

It is compulsory for all primary schools to teach Relationships and Health Education. As in each academic year, the 'Safety and the Changing Body' unit will be taught during the Summer term in every year group. The series of lessons will help children understand the changes puberty brings and how human reproduction happens. The younger year groups are not looking at these issues directly and explicitly but rather learning correct terminology for body parts and doing the foundation work for later year groups. The lessons for Years 5 and 6, look more fully at puberty and human reproduction.

We do, as always, want to work in partnership with parents and carers and wish to inform you of your legal right to withdraw your children from some aspects of this work. The government made Relationships Education and Health Education statutory for all primary schools from September 2020. Accompanying this letter is a breakdown of what each year group is taught, in order that you are clear about the curriculum we intend to teach the children, why we feel this is so important, and the aspects parents have the right to withdraw their children from in Y6.

We hope that you will see the materials in KAPOW as educationally beneficial to our children, helping to safeguard them. If you have any questions or concerns about the 'Safety and the Changing Body' unit of learning, please contact your child's class teacher and we can provide you with a more comprehensive picture of what we are planning to teach in

your child's year group. We hope you will agree with us that this work is vitally important for children, that it needs to be done age-appropriately and that the KAPOW Scheme gives us a secure framework in which to do this.

Very Best Wishes,

Miss Brown

PSHE Federation Lead

a.brown@rbk.n-yorks.sch.uk