# SPORTING INFLUENCE
## Improving Social Skills Through Sport

**SI SCHOOLS**

## PE With Mrs Neate

We have had a great autumn term of PE at Kettlesing and the children have made some great progress!

**Class 1** focused on a superhero dance in the first half term. They worked well in a variety of teams and developed some fantastic superhero type moves. A huge well done to Mabel for her enthusiasm and her imaginative moves! This half term, the children in Class 1 have been developing their Gymnastics skills. They've been working on their jumping and balancing skills and even auditioning to be a part of the circus! You're always a pleasure to teach Cass 1, keep up the great work!

**Class 2** began the year developing a range of throwing, catching and evasion skills, building up to putting these into team games. This half term, the children have been working on their Yoga skills which has been a very relaxing way to end the week! They have worked in a range of groups to come up with some themed routines whilst developing their strength and flexibility. I have been really impressed with Charlotte's strength, well done Charlotte!

Football was **Class 3's** focus for the first half term. They worked on their dribbling, passing, attacking and defending skills and built up to playing some small games. This half term, Class 3 have been working on their Yoga skills. Each lesson has had a theme such as 'rugby' and 'the circus' and it has been great to see them using their imaginations to come up with some unique poses. Riley really thought outside the box and came up with some particularly impressive circus themed yoga poses!

A special mention must go to Annie for her exceptional effort in the cross-country competition. What a fantastic achievement, Annie!

Well done this term, Kettlesing, have a lovely Christmas!



Class 1 enjoyed developing their superhero dance moves!



Class 2 enjoyed playing a range of team games focusing on their throwing, catching and evasion skills!



Class 3 worked towards playing some five a side football matches!

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